Treats for Dogs with Heart Disease
Compiled by Charity Callicoat
Cardiology Department / Medvet - Cincinnati

1) Hills Ideal Balance:
   A) Soft Baked Naturals
      - with Duck and Pumpkin- 37mg/100kcal
      - with Chicken and Carrots- 35mg/100kcal
   B) Oven Baked Naturals
      - with Lamb and Apricots- 40mg/100kcal
      - with Chicken and Apples- 52mg/100kcal
      - with Turkey and Cranberries- 33mg/100kcal
   C) Breakfast Medleys
      - with Grilled Trout and Spinach- 66mg/100kcal
      - with Country Chicken and Egg- 41mg/100kcal
   D) Crafted
      - with Pacific Style Salmon and Sweet Potato- 53mg/100kcal
      - with Heartland Rabbit and Potatoes- 39mg/100kcal
   E) Regional Delights
      - with Heartland Rabbits and Potatoes- 39mg/100kcal
      - with Pacific Style Salmon and Sweet Potatoes- 53 mg/100kcal
      - with Southern Catfish and Peas- 50mg/100kcal

2) Hills Science Diet:
   A) Soft Savories
      - with Chicken and Yogurt- 36mg/100kcal
      - with Peanut Butter and Banana- 36mg/100kcal
      - with Beef-N-Cheddar- 37mg/100kcal
   B) Grain Free Treats
      - with Turkey and Cranberries- 33mg/100kcal
      - with Chicken and Apples- 52mg/100kcal
   C) Dental Chews with Real Vegetables
      - Small Dog- 42mg/100 kcal
      - Medium Dog- 42mg/100kcal
   D) Baked Light Biscuits with Real Chicken
      - Small-34 mg/100kcal

3) Miscellaneous Heart Friendly Treats:
   A) Purina Alpo Variety Snaps Treats
   B) Purina Veterinary Diets Lite Snackers
4) Acceptable People Foods That Can Be Used to Increase Palatability:
ALL FOODS IN THIS LIST SHOULD BE PREPARED WITHOUT SALT:
   A) Pasta
   B) Rice (plain white or brown rice, not flavored rice)
   C) Honey
   D) Maple Syrup
   E) Low-Sodium Cheese
   F) Lean Meats, cooked (chicken, turkey, beef, or fish),
      Not Sandwich Meats/Cold Cuts
   G) Cooked Eggs
   H) Homemade soup or broth without salt
   I) Low-salt breakfast cereal - the label should read
      “This is a low-sodium food” such as Frosted Mini
      Wheats
   K) Fresh Produce (such as carrots, green beans,
      Potatoes, sweet potatoes, apple, orange, banana
      (avoid grapes)
   L) Gerber Brand Baby Food in Chicken and Chicken
      Gravy or Beef and Beef Gravy Formulas only

5) Tips For Administering Medications:
   a. Insert medications into one of the following foods
      - Fruit - banana, orange, melon (avoid grapes)
      - Low sodium cheese
      - Low sodium canned pet food
      - Peanut Butter (labeled as “no salt added”)
      - Home-cooked meat such as chicken or hamburger (without salt); No Lunch
        Meats
      - Marshmallows
      - Greenies brand Pill Pockets
      - Empty gel capsules (available at most pharmacy counters and health stores, no
        prescription required)
   b. Have one of our Doctors or technicians teach you how to give medications without
      using food.

6) Foods To Avoid:
   - Fatty Foods (meat trimmings, cream, ice cream)
- Baby Foods
- Pickled Foods
- Breads
- Pizza
- Condiments (ketchup, soy sauce, barbeque sauce, etc)
- Sandwich meats/cold cuts (ham, corned beef, salami, sausages, bacon, hot dogs)
- Most cheeses, including “squirtable” cheeses (unless specifically labeled as “low sodium”)
- Processed foods (such as potato mixes, rice mixes, macaroni and cheese)
- Canned vegetables (unless “no salt added”)
- Potato Chips, packaged popcorn, crackers, and other snack foods
- All commercial Soups and Broths
- Most dog biscuits and treats (especially Snausages, Meaty Bone, Beggin’ Strips, Pupperoni, Jerky Treats, Rawhide/Pig Ears)